

Read some of our patient reviews on Yelp and Genbook…

“My visits with Julie Grados have been wonderful.  She is attentive and supportive and her office is a warm, comfortable space.  She listened to all my seemingly random physical concerns and was able to see the connections in them.  I went in for help with hormonal balance and I have seen a shift with hormones, as well as in my hypoglycemia with in a couple of treatments.  I am so thrilled to finally be getting some help though acupuncture in areas that Western medicine have not been able to treat!”

-G.C. on Yelp

“By far Dr. Grados is the best acupuncturist. I've been using acupuncture therapy for the last few years as a means to manage my migraines.  I recently moved to LA and thought to try Julie Grados Wellness. She's awesome, in that she is kind, gentle, has great bedside manner, and is very knowledgeable about holistic medicine. I left feeling relaxed and recharged for the week ahead. I am confident that by working with Dr. Grados, I can improve my lifestyle with better eating habits, suggested supplements, and acupuncture therapy.”

-A.F. on Yelp

“Julie is great! I'm doing a mix of acupuncture & cupping to relieve severe back/neck pain and it's helping so much. Also seeing other side effects such as reduction in menstrual cramps and higher energy levels. I was very hesitant to try it for the first time, but Julie was really reassuring and I'm so glad I did. I'm hooked!”

-B.B. on Yelp

"Julie is very flexible with her schedule & accommodating. Her techniques to help vary each time depending on your needs. She recommends the best for what symptoms you are experiencing. I enjoy going in to see her & she has helped me tremendously over the last couple of months. I highly recommend her services!"

-M.P. on Genbook

"I have been going to Julie for 3 months and I enjoy each session more and more. She has a very calming presence and is hugely knowledgeable in acupuncture and beyond! I would highly recommend her whether this is your first experience with eastern medicine, or you've been going for years. Julie is very genuine and helpful for whatever your needs might be!"

-S.S. on Genbook

Westchester Wellness Center

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