To book directly at **Progressive for Monday's and Wednesday's**use this link:

**Progressive Physiotherapy**
[https://progressivephysiotherapy.janeapp.com/locations/progressive-physiotherapy/book#/staff\_member/15](https://progressivephysiotherapy.us5.list-manage.com/track/click?u=afffc1430654b2eb012901073&id=542c7b9853&e=8266263d12)

To book at her **home, through Harmony Acupuncture & Wellness,** use this link for **Tuesday's, Thursday's, Friday's and Saturday's.

Harmony Acupuncture & Wellness**
[https://progressivephysiotherapy.janeapp.com/locations/harmony-acupuncture-wellness/book#/staff\_member/15](https://progressivephysiotherapy.us5.list-manage.com/track/click?u=afffc1430654b2eb012901073&id=6aed4e9aef&e=8266263d12)